

Covariate Adjustment in Randomized Controlled Trials

Big thank you to

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Outline

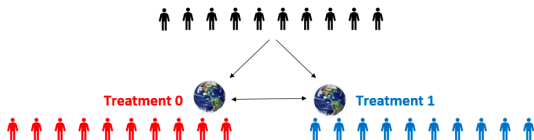
- 1 Hypothetical versus Real World
- 2 Estimation of conditional causal contrasts
- 3 Covariate Adjustment for Marginal Estimands
- 4 An alternative approach: super-covariates
- 5 Discussion: which variables to include?

Hypothetical World



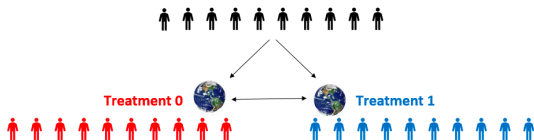
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- Imagine two parallel worlds: one where everyone is assigned **Treatment 0** and one where everyone is assigned **Treatment 1**.
 - Denote Y^0 and Y^1 the **potential/hypothetical outcomes** in the two parallel worlds.

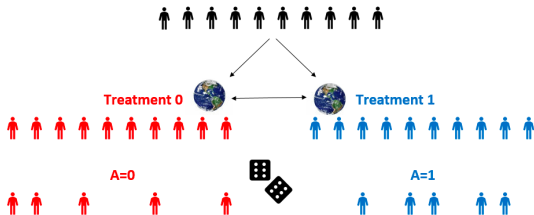
Marginal Causal Contrasts

- Causal contrasts of interest often reflect a contrast between the means of the distributions of Y^0 and Y^1 : $E(Y^0)$ and $E(Y^1)$
 - Mean difference $E(Y^1) - E(Y^0)$
 - Mean ratio $E(Y^1) / E(Y^0)$
 - Odds ratio $\frac{E(Y^1) / \{1 - E(Y^1)\}}{E(Y^0) / \{1 - E(Y^0)\}}$
 - ...

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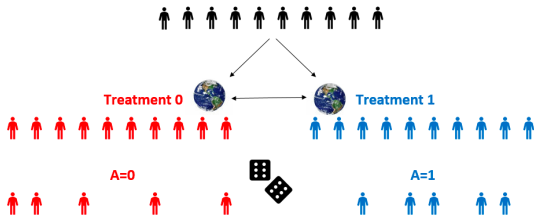
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 - ...
- These are **marginal/unconditional** causal contrasts.
- The (marginal) causal contrast can also be a contrast of other summaries of the distributions of Y^0 and Y^1 ; e.g., for time-to-event outcomes.

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 - The randomized group is denoted A and the factual/observed outcome Y .
- Randomization ensures that causal contrasts correspond to statistical contrasts:
 - $E(Y^1) - E(Y^0) = E(Y|A=1) - E(Y|A=0)$.

Conditional Causal Contrasts

- Causal contrasts of interest can also reflect a contrast between the means of the distributions of Y^0 and Y^1 **in a subset of patients** (e.g., females):
 - e.g., mean difference $E(Y^1|sex = f) - E(Y^0|sex = f)$

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- However, estimation typically requires **model assumptions** (such as logistic regression model) and the estimate is often **uninterpretable** under model misspecification.

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- Perfectly possible to obtain an adjusted estimator of a marginal estimand.
 - **Adjusted estimators of marginal estimands are almost always more precise than unadjusted estimators.**
- Recent FDA guidelines make a distinction between conditioning and adjusting (FDA, 2023).
 - Recommendations for covariate adjustment.
 - Advice on both conditional, and marginal estimands.

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Conditional Causal Contrasts

- Until now, our estimand definitions have been completely **model-free**.
- In practice, treatment effects are usually encoded as **parameters in a generalised linear model**; e.g.

$$g\{E(Y|A, X)\} = \beta_0 + \beta_1 A + \beta_2 X$$

where $g(\cdot)$ is a pre-specified link function.

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- **Statistical modelling assumption:** no interaction between A and X on the linear scale
 - **Not implied by randomisation.**
- If assumption holds:
 - β_1 carries an interpretation as *both* an **age-specific** (i.e., conditional) causal effect and a **marginal** causal effect.
 - This is not necessarily true if one includes interactions! (Ye et al., 2022)

Conditional Causal Contrasts: Other Outcomes

- For a binary outcome Y , it is more common to choose the logistic regression model

$$\text{logit}\{E(Y|A, X)\} = \beta_0 + \beta_1 A + \beta_2 X.$$

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- If the model reflects the truth, then the effect of treatment (β_1) does not differ for different values of X .
- Unlike in the linear case, $\exp(\beta_1)$ would *only* retain an interpretation as a **conditional effect**,

$$\frac{E(Y^1|X = x)/\{1 - E(Y^1|X = x)\}}{E(Y^0|X = x)/\{1 - E(Y^0|X = x)\}},$$

which may **differ from the marginal** causal odds ratio

$$\frac{E(Y^1)/\{1 - E(Y^1)\}}{E(Y^0)/\{1 - E(Y^0)\}}.$$

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- This phenomenon occurs due to the **non-collapsibility** of the logistic link function; see Daniel et al. (2021).
 - Not unique to logistic regression; e.g., Cox proportional hazards models.

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- This phenomenon occurs due to the **non-collapsibility** of the logistic link function; see Daniel et al. (2021).
 - Not unique to logistic regression; e.g., Cox proportional hazards models.
- When the model is misspecified, the standard likelihood-based estimators of β_1 may not generally target either
$$\frac{E(Y^1|X=x)/\{1-E(Y^1|X=x)\}}{E(Y^0|X=x)/\{1-E(Y^0|X=x)\}}$$
 or $\frac{E(Y^1)/\{1-E(Y^1)\}}{E(Y^0)/\{1-E(Y^0)\}}$.
 - The concern for model misspecification for non-linear models is for example highlighted in the (EMA, 2015) guideline.

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“after suitably addressing the treatment effect definition, **covariate adjustment** using linear or nonlinear models can be used **to increase precision.**”

Adjusting for Covariates in Randomized Clinical Trials for Drugs and Biological Products Guidance for Industry

U.S. Department of Health and Human Services
Food and Drug Administration
Center for Drug Evaluation and Research (CDER)
Center for Biologics Evaluation and Research (CBER)
Oncology Center of Excellence (OCE)

May 2023
Biostatistics

Covariate Adjustment for Marginal Estimands

- **Covariate adjustment** is a statistical analysis method with high potential to **improve precision** for many trials.
 - **Pre-planned** adjustment for baseline variables when estimating **average treatment effect**.
 - Estimand is same as when using unadjusted estimator (e.g., difference in means).
 - **Goal**: avoid making any model assumptions beyond what's assumed for unadjusted estimator (**robustness to model misspecification**).

(e.g., Koch et al., 1998; Yang and Tsiatis, 2001; Rubin and van der Laan, 2008; Tsiatis et al., 2008; Moore and van der Laan, 2009b,a; Zhang, 2015; Jiang et al., 2018; Benkeser et al., 2020)

- In what follows, we focus on binary and continuous endpoints.

Example

- Suppose we aim to learn the treatment effect on a binary outcome Y (e.g., 'disease').

Age	A	Y	Y^1	Y^0
40	1	1	1	?
50	1	0	0	?
60	1	1	1	?
50	0	0	?	0
30	0	1	?	1
40	0	0	?	0

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40	0	0	?	0

- By randomization: fine to compare outcomes of treated with outcomes of untreated.
- Based on baseline covariates (e.g., age): guesses about what outcome would be for all participants if they were (un)treated.
 - **By using the models that were used to obtain conditional estimates.**

Covariate adjusted estimator: Model fitting

Step 1: Model fitting

Fit a logistic regression model for outcome Y given treatment allocation A and Age.

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$$P(Y = 1|A, \text{Age}) = \text{logit}^{-1}(\beta_0 + \beta_1 A + \beta_2 \text{Age}).$$

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- Two logistic regression models, one per arm.

Covariate adjusted estimator: Predicting

Step 2: Predicting

Use

$$P(Y = 1|A, \text{Age}) = \text{logit}^{-1}(\beta_0 + \beta_1 A + \beta_2 \text{Age})$$

to impute outcome **under treatment (A = 1)** and **control (A = 0)** for **all** patients:

Age	A	Y	Y ¹	\hat{p}^1	Y ⁰	\hat{p}^0
40	1	1	1	0.8	?	0.7
50	1	0	0	0.6	?	0.55
60	1	1	1	0.7	?	0.6
50	0	0	?	0.7	0	0.6
30	0	1	?	0.6	1	0.5
40	0	0	?	0.5	0	0.45

- \hat{p}^1 for patient i : $\text{logit}^{-1}(\hat{\beta}_0 + \hat{\beta}_1 + \hat{\beta}_2 \text{Age}_i)$
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- Compute standardized estimators for treatment specific means

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- Calculate treatment effect of interest:

- Mean difference $\hat{E}(Y^1) - \hat{E}(Y^0)$

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Mean of predictions based on glm's

Simulation Results

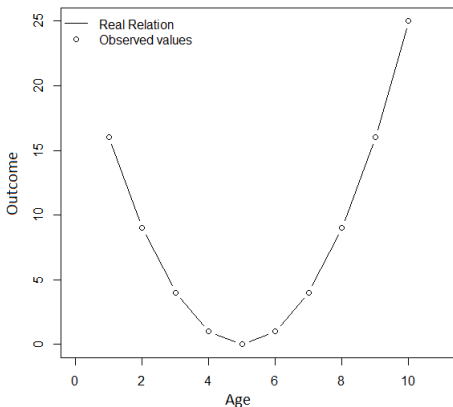
Results for binary outcome and risk difference under correctly specified models

n	Effect	Estimator type	Bias	Power	MSE	RE
100	-0.201	Unadj.	0.025	0.463	0.829	1.000
		Adj.	0.023	0.607	0.755	0.911
200	-0.201	Unadj.	0.010	0.821	0.864	1.000
		Adj.	-0.001	0.895	0.749	0.867
500	-0.126	Unadj.	-0.013	0.798	0.979	1.000
		Adj.	-0.007	0.862	0.850	0.868
1000	-0.091	Unadj.	0.012	0.837	0.898	1.000
		Adj.	0.020	0.892	0.817	0.910

Results from Benkeser et al. (2020) "Improving precision and power in randomized trials for COVID-19 treatments using covariate adjustment, for binary, ordinal, and time-to-event outcomes." *Biometrics*.

What if models are misspecified?

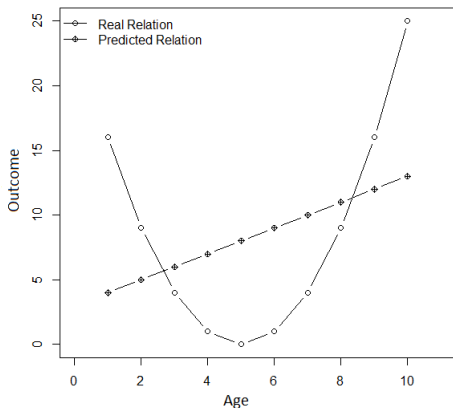
What if relationship between age and outcome in treated patients is not linear . . .



For simplicity, the outcome is continuous now

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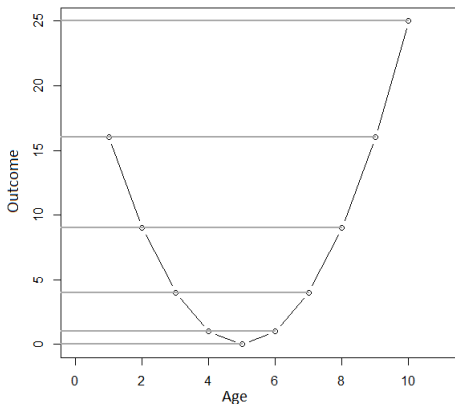
..., but we fit a misspecified model $outcome \sim age$?



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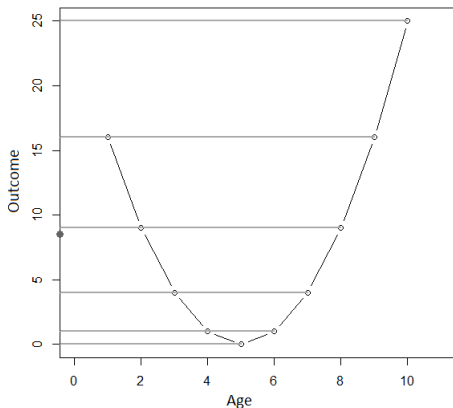
Projections of the observed outcomes on the y-axis,



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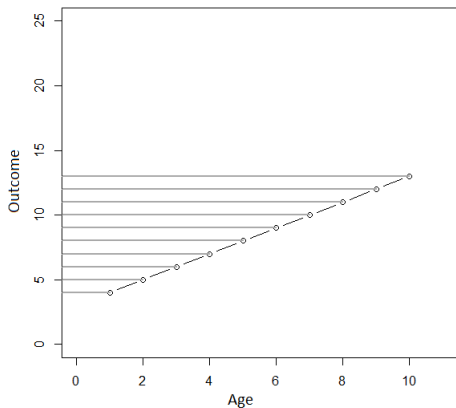
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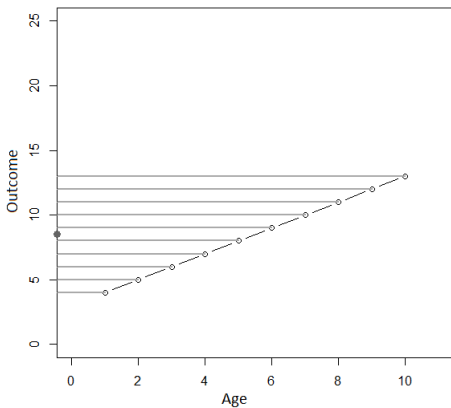
Projections of the predictions on the y-axis,



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⇒ **Consistent estimator**, even when model is wrong.
- Model misspecification may **reduce efficiency**.
 - Despite the precision loss, (almost) never outperformed by the standard analyses.

- Standard errors easy to calculate

- 1 **Robust standard errors** (Tsiatis et al., 2008; Rosenblum and Van Der Laan, 2009; Ye et al., 2023):

- Similar to variance of sample mean

sample variance of

$$2A(Y - \hat{P}^1) + \hat{P}^1 - (2(1 - A)(Y - \hat{P}^0) + \hat{P}^0) - (\hat{E}(Y^1) - \hat{E}(Y^0))$$

for a mean difference

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- or when **variable selection** is used (Avagyan and Vansteelandt, 2021).

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 - Easily addressed: **mean/mode imputation**.
 - Without inflating risk of bias.

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- Use of baseline covariates raises concerns due to **missing data**
 - Easily addressed: **mean/mode imputation**.
 - Without inflating risk of bias.
- I haven't covered all available methods
 - There are no other methods that have more power and have the same robustness.

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 - 2 Use this to make a **prediction** for all patients in current trial under control (i.e., super-covariate).
 - 3 Estimating the treatment effect in the current study using a **linear model** while adjusting for the super-covariate only.

$$E(Y|A, X_{SC}) = \beta_0 + \beta_1 A + \beta_2 X_{SC}.$$

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Some concerns

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 - The prognostic score will be **less predictive** of the treatment-arm outcomes (Schuler et al., 2022).

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 - The prognostic score will be **less predictive** of the treatment-arm outcomes (Schuler et al., 2022).
- Historical trial population will generally differ from that in the considered trial: **loss of power**.

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- **Limited to continuous outcomes**; no easy way to extend to ordinal, binary or time-to-event endpoints.
- Does **not allow for treatment effect heterogeneity** (i.e., treatment effect is same in all covariate strata).
 - The prognostic score will be **less predictive** of the treatment-arm outcomes (Schuler et al., 2022).
- Historical trial population will generally differ from that in the considered trial: **loss of power**.
 - **Association between outcome and covariates may differ** between the historical and trial population.

Possibly safer option



- Also include (a few) **other baseline covariates** in addition to the super-covariate.
 - For example, including the **baseline measurement of the primary outcome** is usually recommended.

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Increasing the efficiency of randomized trial estimates via linear adjustment for a prognostic score

Alejandro Schuler  , David Walsh, Diana Hall, Jon Walsh, Charles Fisher, for the Critical Path for Alzheimer's Disease, the Alzheimer's Disease Neuroimaging Initiative and the Alzheimer's Disease Cooperative Study

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Outline

- 1 Hypothetical versus Real World
- 2 Estimation of conditional causal contrasts
- 3 Covariate Adjustment for Marginal Estimands
- 4 An alternative approach: super-covariates
- 5 Discussion: which variables to include?**

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Important: Pre-specify variable / model selection algorithm as well as a list of candidate covariates!

Naïve use of machine learning is problematic

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- There is **regularization bias** because machine learning has been **optimized for prediction**, not for the evaluation of treatment effects.
- Obtaining correct standard errors is challenging, because the **uncertainty in machine learning predictions is unknown**.
- With flexible machine learning, there may be **overfitting bias** due to training the prediction model and evaluating the treatment effect on the same data.

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Shift predictions by a constant so that the average prediction in the treated equals the average outcome in the treated (similar for control).

Step 4: Averaging

Take the average of these predictions, and calculate treatment effect of interest.

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- **Overfitting bias** can be eliminated by **training the model on one subsample and evaluating the treatment effect on another subsample**.
(this can be done **without precision loss**)
- A by-product of targeting is that **standard errors are simple to calculate**
because they are made immune to the uncertainty in the machine learning predictions.

Reflections: targeted learning

- This strategy is called **targeted learning** or **Targeted Maximum Likelihood Estimation** (TMLE; Van Der Laan and Rubin (2006)).

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- It brings **data analysis back to its essence**:
translating a scientific question into an **estimands**, doing **sanity checks**, ...
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- It updates initial predictions and targets them towards the **estimand of interest**.
- It brings **data analysis back to its essence**:
translating a scientific question into an **estimands**, doing **sanity checks**, ...
with **automated** model building strategies in background.
- It has the potential to deliver an **additional power increase** over standardization,
- but arguably the main benefit is that it **enables pre-specification of the analysis**.

Thank you for your attention!

Interested? [▶ Pre-print](#) and [▶ Tutorials](#)

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